

We Understand Value & Service

Ontario Orthotic Lab (OOLab) has extensive and direct experience in the field of orthotic manufacturing. Our team consists of leaders in the Podiatry, Chiropody, and Pedorthic professions.

At OOLab we strive to offer the latest technology and innovations in the foot orthotic industry, consistently bringing our clients the very best products and services.



Shoe & Orthotic Recommendation Chart

	Casual	Casual Sport	Athletic	Safety/Work	Men's Dress	Dress - Flat	Dress - Heels	Specialty
Example	Slip on flat or loafer	Leisure sport shoes with no heel	Walking, running, and exercise shoes with a 1" heel	Specialty Toe Work Boots & Shoes	Lace up, velcro strap or buckle oxford	Flat heel, minimal depth	Any ladies dress shoe with more than a 2" heel	Other
Standard Orthotic	✓	✓	✓	✓				
Dress	✓				✓	✓ (Narrow Grind)	✓ (Fashion Grind)	✓ (Fashion/Narrow Grind)
Soft Sport		✓	✓	✓				
Podiatric		✓	✓	✓				
UCBL			✓	✓				
Control Sport			✓	✓				
Soft			✓	✓				
Gait Plate			✓					✓ (Primarily Children)
Diabetic/Arthritic			✓	✓				
XT Carbon	✓	✓	✓	✓				✓ (Specialty carbon - different flexibilities)

Orthotic Thickness

Weight	Recommended Material (on RX)	Recommended XT Carbon Material (on RX)
<100lbs	1 mm carbon	Flex
100 - 180lbs	2 mm carbon	Semi-Flex
>180lbs	3 mm carbon/white poly	Rigid
>280lbs	Thick white poly	Rigid

Other Determining Factors:

- Age
- Foot Type (pes planus vs. pes cavus)
- Previous orthotic history
- Activity (daily use, work, sport-specific, etc.)
- Specific medical conditions (diabetes, arthritis, etc.)

